

**Clean Mind Clean Heart
Enhancement Group**
(Our Efforts For A Cure)

**Inside ~ Outside Talks 2012
Yoga ~ Tai Chi
Efforts to end
the war mentality.**

January 19, 2012

Subject: Introduction letter & schedule of Internet promotional work sessions.

Dear Humanitarian Workers,

Greetings and welcome to the start of the this year's work session of **Inside ~ Outside Talks 2012** via **Clean Mind Clean Heart Enhancement Group** (Our Efforts For A Cure). This year we are going to continue with the focus of [cleaning up the Hudson River](#) along with efforts of cleaning up other bodies of waters.

This year will include the goals of early morning Tai Chi gatherings near **the Amplified Theatre** in Harlem. Along with getting musicians and various prayer groups to perform and pray near the amplified Theatre as a part of General Electric's clean up efforts. The time for the daily Tai Chi meetings will be 7:00 am to 9:00 am Monday through Fridays. Being that I am not certified to teach Tai Chi, it is hoped that at least one of the local instructors will come forward and assist with the informal gatherings.

This year's work sessions which include efforts for getting people to play music get samples of the water and take it home pray for it and use paper towers to filter out the impurities from the water. We will also focus on the participants to video tape said efforts write reports and

post the results on the Internet. We are in the process of contacting **General Electric** about the efforts and seeing about compensation monies being made available for said participants.

We are also looking at reviewing ~ working with the book "[the Hidden Messages in Water](#)" by **Dr. Masaru Emoto** discussing the various issues about the attitude of water and the issues related to talking to water.<BR

With this I am pleased to announce this year's **Inside ~ Outside Talks 2012** work sessions topics and schedule

	Dates	Topics
1.	February 2, 2012	We are making a sincere effort!
2.	February 16, 2012	About cleaning up the Hudson River.
3.	March 1, 2012	Prayer should not be about a constant war.
4.	March 8, 2012	Where are they?
5.	March 22, 2012	We Need A Better Health Care System!
6.	March 29, 2012	Tai Chi in the morning is good for you.
7.	April 12, 2012	About the book " The Hidden Messages in Water "
8.	April 19, 2012	Supplemental Plans for Cleaning up the Hudson River.
9.	May 3, 2012	Q P Funk: Heaven & music theory.
10.	May 10, 2012	Looking up.

Being that we have so many conflicting issues in the United States and Harlem, we hope that those individuals who come and participate in this year's work sessions **Inside ~ Outside Talks 2012** will be cooperative and be willing to learn things even if you are a Grand Master.

[Cleaning up the Hudson River](#) is a very important objective, which should include cleaning up ourselves and the way business is done in general in America.

A very important issue came up recently where a group of lawyers condemn the United States government and are seeking to end the war aggression against Iran. You can visit their WEB site <http://ccrjustice.org/newsroom/press-releases/center-constitutional-rights-condemns-president-obama-signing-2012-national-defense-authorization-act> to review the issues.

Until the first work sessions for this year's efforts of **Inside ~ Outside Talks 2012** " **We are making an sincere effort**".

Take care.

Sincerely,

James R. Branch

Links:

<http://www.thepetitionsite.com/2/tell-ge-to-finish-hudson-river-clean-up/>

<http://www.amazon.com/Hidden-Messages-Water-Masaru-Emoto/dp/1582701148>

<http://ccrjustice.org/newsroom/press-releases/center-constitutional-rights-condemns-president-obama-signing-2012-national-defense-authorization-act>

http://www.epa.gov/hudson/just_facts_08_04.htm