

# Clean Mind Clean Heart Enhancement Group

Our Efforts For A Cure

**Inside ~ Outside Talks 2012**  
**Yoga ~ Tai Chi Efforts to end**  
**the war mentality.**

May 15, 2012

Subject: About The Book "**The Hidden Messages in Water**".

Dear Humanitarian Workers,

Welcome to this week's **Inside ~ Outside Talks 2012** addressing the topic about the book "**The Hidden Messages In Water**" by **Dr. Masaru Emoto**. We wanted to work with this book to assist with the efforts of cleaning up the Hudson River to bring collective focus to the problems while seeking a common ground to address problems of our relationships.

**Dr. Emoto** has written several other books on the subject of water including the "**Miracles of Water**" and the "**True power of Water**". In which the latter contains interesting topics such as:

1. The process of Discovery.
2. Getting to know water will change your mind and body.
3. Water revives life force  
and
4. As we live, let's dialogue with water.

His books discuss some very interesting positions on how we relate to each other and water, however as he states, we are not water. Human beings are more than water. Our bodies may

contain around 70% water however the human body is much more than water. Although it has been proven that we can not live without water, so clean water is essential for our existence.

**Dr. Emoto** goes into the various experiment of freezing water and compares tap water to spring water and publishes some of the results. At this time I have not come across how **Dr. Emoto** addresses polluted water however it as **Dr. Emoto** takes the position that we are water then with efforts to clean up the Hudson River , we also will take the basic comments that we need to clean up our own acts and actions.

Being in New York while working on this project exposed a lot of problems and issues regarding the politics and issues related to “**Creature of The State**” functions.

At this point, besides the issues related to obstruction of Justice and fraud, I really have to ask the question is New York doing enough in what it can to support and help itself? Or are they just trying to get all the Federal Dollars it can?

New York City is large and has serious problems with some relations. It also has a lot of infrastructural problems that they need to address and will require serious attention. Most recently they have made two very important decisions regard the management of New York.

**First.**

Is [the conviction of former Senator Espada](#) for embezzling hundred thousands of dollars. Where they say his conviction and jail term may be up to forty years, there are many questions about the networked issues related to the former governor Spitzer and the issue of the web site.

Like ~ Where is it?

## **Second.**

The major break through with the problems related to the abusive practices of the **NYPD**. Just a few days ago they announced [a class action suite against the NYPD](#).

I also take caution when it comes to working with some people in Harlem. For me there are too many war clubs almost ready to take countries to a state of war and where some of them are willing to start a fight with you about anything.

At times I talk with members of the original Black Panthers where I have to ask myself are they looking at how much damage they are doing to their prison release efforts. Some of their promotional issues may be counter productive for their prison release efforts.

Where they have been pretty quite regarding the Occupy Wall Street protests in New York City, I know the issues in the Bronx are way out of line.

It is felt that if they do not get a grip on the problems of the actions of the **NYPD**, they may never have a good relationship with each other.

Although the **NYPD** gives the impression that they do not care, the reality is they should. Their problems can prove to be very costly for the city's budgets and our society.

Being that that there are several major issues connected to the suit, I will reframe from making additional comments at this time. And will return the focus to issues of assisting with cleaning up the Hudson River.

During the past week I have been looking at the book **the Sacred Contracts** by **Carolyn Myss**. Thus far the book contains deep analogy of biblical stories regarding issues related to **Abram**, **Abraham**, **Buddha**, **Jesus** and **Noah**. I have just started reviewing her positions on Chakras however it looks like she is

very knowledgeable on the subject(s).

As you may know addressing issues of our spiritual relations is a difficult matter and some people are reluctant to support our efforts for assisting with Cleaning Up the Hudson River.

Therefore as you can tell we are really behind schedule with our work sessions and objectives. The next Inside ~ Outside Talks 2012 work session “Supplemental Plans for Cleaning up the Hudson River” will be the last work session for this year’s Inside ~ Outside Talks 2012. We covered enough material for this year’s efforts.

Just to reiterate the important steps needed for the support efforts of cleaning up the Hudson River:

Having the containers built is very important for reconnecting to basic issues of what we should really care for and what we should valued by the general public.

In case some people still do not understand what we want as the **before** and **after** holding containers as support efforts for cleaning up the Hudson River are as follows:

1. The objectives of the **before** and **after** holding containers are to hold some of the water from the Hudson River. One container will be a dispensing container for various praying communities to get samples of the water from to take home or for their temples to pray for the water.

Filter the water, prayer for it, take pictures and show the results on the Internet and return the clean water to another holding container in the same area so the public can see the efforts taking place for cleaning up the Hudson River.

It is preferred that referencing "**The Hidden Messages of**

## **Water"**

by **Masaru Emoto** is referred to while working on the efforts of getting the sample water from the Hudson River cleaned. This will sever as a basic common platform for various discussions related to the attitudes of water and said results.

2. For about 200 small boats to be outfitted with pumps and filtering apparatus to get an ideal on how long it may take to clean up certain areas of the Hudson River (issues of divider sheets can be discussed in the future if forwarded).

If detailed designs of **before** and **after** holding tanks are needed kindly advise so arrangements can be made to do so.

The work sessions with the topics “**Q P Funk: Heaven & music theory**”, And “**Looking Up**” will be addressed in near future. Most likely during the **Summer Initiatives 2012** work sessions.

Until the next time.  
Take Care.

Sincerely,

James R. Branch

[http://images.search.yahoo.com/search/images?\\_adv\\_prop=image&fr=yfp-t-544&va=the+hidden+messages+in+water](http://images.search.yahoo.com/search/images?_adv_prop=image&fr=yfp-t-544&va=the+hidden+messages+in+water)

<http://www.myss.com/library/contracts/>

<http://www.nytimes.com/2012/05/15/nyregion/ex-senator-espada-guilty-of-embezzling-from-soundview-health-network.html?pagewanted=all>

<http://www.allthingsharlem.com/>

[http://www.huffingtonpost.com/2012/05/16/stop-and-frisk-nypd\\_n\\_1522733.html](http://www.huffingtonpost.com/2012/05/16/stop-and-frisk-nypd_n_1522733.html)