

Clean Mind Clean Heart

Enhancement Group

(Our Efforts For A Cure)

Inside ~ Outside Talks 2012 Efforts To End the war mentality.

February 18, 2012

Subject: **About Cleaning Up The Hudson River.**

Dear Humanitarian Workers,

Welcome to this week's **Inside ~ Outside Talks 2012** work session **About Cleaning up the Hudson River"** via **Clean Mind Clean Heart Enhancement Group** (Our Efforts For A Cure). Cleaning it up is a large and interesting job that can be done. There are several major issues regarding this environmental inter-related project which are belief and faith. We should try to deal with the problems of how we relate to each other and we can find the ability to remove the negative issues that hampers the goodness of creation including discrimination.

This week's work session is saddened by the most recent death of Whitney Houston. As we all continue to pray for her and her family we should also seek answers of why such a tragic situation was allowed to take place in the first place. As the family members, friends and other professional artist gathered to pay tribute to Whitney Houston death. The main question is why didn't they take preventive steps to keep her from taking drugs?

Surely she had enough money and if she needed some rest then they should have given her the time and space to heal her mind and her body. Sometimes I feel that family members are not doing enough to stop the drug abuse within their own house. They no

longer employ the discipline to say that the care enough to make their friends and family members stop doing things that are ruining their lives. Her death was senseless showing that many people are not valuing what should be treasured. It is out of control.

We are grateful that she gave us so many outstanding performances and songs. As we continue with our morning sessions at **the Riverbank State Park** in Harlem. we will be playing some of her songs. Although we preferred to have her with us in person assisting with this important clean up effort ~ what ever happened, happened. We have to move forward with our lives and activities.

Last week we started reviewing the paperwork for the **Asian American Festival "Locating The Sacred"** scheduled for September 2012. The title of the festival "**Locating The Sacred**" really raises a lot of questions including what do we really consider "**Sacred**"? For more information about the festival, you can visit the Asian American web site at <http://aaartsalliance.org/page/locating-the-sacred>. Our presentation for the festival is "**The Water Is Sacred**".

As we stated in the last **Inside ~ Outside Talks 2012** work session "**We are making a sincere Effort**" discussing the need for using Hydro Collect ~ (personal mini Submarines 2 to 3 feet in length) to assist with the collecting the impurities out of the Hudson River. Where it may take a few years for them to build the Hydro Collect machines we can start with bringing the focus to importance of people doing things to support the clean up efforts including praying for its success.

We can start with encouraging people to read the book **the Hidden Messages In Water** and getting samples of the water taking it home and praying for the water to heal. Take pictures. Write about it and post the results on the Internet. This can be done in conjunction with the promotional efforts with the Asian American Festival "**Locating the Sacred**" The name of the

festival should make you question yourself as to what do you really consider "**Sacred**"? Where some people would give answers like; Life, land, water, husband, wife, family, the children and marriage.

What also should be considered sacred and revalued is "**prayer**". One of the objectives of cleaning up the Hudson River is to also see if the religious organizations can reconnect with the general population and reinstate values and principles which include such values as respect, a real care factor and goodness regarding the importance of our spiritual relationships and health. It matters.

It is going to be a major challenge to really clean up the Hudson River. Issues regarding our relationships are really up to the individuals. Personally I would not want to be bragging that I spent time in jail. That is not what God gave me as my purpose in life.

I do not want to be nailed to a cross. That is not what my Creator has given to me as my purpose in life.

In the last work session "**We are making a sincere effort**" We discussed the importance of the "[Eight Fold Path Right Speech](#)" as a guide for deciding things in life. In other work sessions we also stressed the important teaching of the MA 'AT which includes "**Do not pollute the Earth**". These teachings should be a major part of the education process at an earlier age in life. It is important to have a healthier mentality toward maintaining our society. The goals of cleaning up the Hudson River could also include having a cleaner New York. Work that can be reduced if people would become more considered in regards to their personal cleanliest habits.

During a discussion with social worker in Chinatown, NY, she stressed the importance of having the **Right View** as described in **the Eight fold Path** is also very important. New York is large with a humongous budget with managers clashing and fighting with each other rather than trying to reach agreeable solutions to

the problems. Over the past four years some major changes have been made to the education system in New York City and some changes to the fire & police departments. These changes may have been too time consuming without doing what is really needed for the city and other states especially with the police departments. It is obvious that better security can be obtained within the communities with cooperation from the management for the real needs of the communities. And where management does need to **get control over the abusive policies of the NYPD.**

Where the problems of the NYPD have been very costly for our society, and being that there are several organizations working on the problems we are not going to duplicate their efforts. Our focus being on Cleaning up the Hudson River can involve the entire community. For the clean up efforts, we want two or more large containers to hold water from the Hudson River. One container as the dispenser container for the prayer houses to get water from the Hudson River for their members to prayer for it, filter it and analyses what is in the water.

The other container(s) will be used to hold the water that was prayed for and for the community can view and see the difference and cleanliest in the contents in the water. The prayer clubs can also use the Internet for promotional works as the importance of maintaining a clean environment for drinking and for food. Which can actually assist with reducing the problems with the police as long as other corrective steps are taken.

Being that we have reviewed the basic goals for efforts of **"Cleaning up the Hudson River" "Inside ~ Outside Talks 2012"** via **Clean Mind Clean Heart Enhancement Group** (Our Efforts For A Cure). We are working on putting these plans into action. The next work session **"Prayer should not be about a constant war"** we may be able to discuss the progress we are making with getting the holding containers for the samples for the communities to get the water from the Hudson River and to pray for it.

Until then take care.

Sincerely,

James R. Branch

[the Riverbank State Park](#)

<http://aaartsalliance.org/page/locating-the-sacred>